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**Registration:**

Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Distance:      10K      Half-Marathon

Sex:      Male      Female

Date of Birth and Age at Time of Signing: \_\_\_\_\_

Name & Number of Emergency Contact: \_\_\_\_\_

**Instructions:**

Fill out the attached Registration Form and submit entry fee of **\$2,000.00** per person. Please note that fees are non-refundable. Fees increase to \$2,500.00 per person, the week of November 4<sup>th</sup>, 2018. Register early so we can plan for you! Registration closes on Friday November 9<sup>th</sup>.

Early Registration \$2,000.00      Late Registration \$2,500.00      Donation \$ \_\_\_\_\_      Total \$ \_\_\_\_\_

Options for the submission of forms are as follows:

1. Drop-off at Advanced Integrated Systems (AIS), 7 Oxford Terrace, Monday to Friday between 9:00 am and 5:00pm.
2. Drop-off at a Pacers Monday, Tuesday, Thursday or Saturday Run prior to the event.

Registration forms can also be scanned and emailed to [pacersrunningja@gmail.com](mailto:pacersrunningja@gmail.com) and entry fees transferred to:

Account Name: Pacers Running Club

Bank: Bank of Nova Scotia

Branch: New Kingston (50575)

Account No: 000803743

Please indicate the time and date of your deposit/transfer in your email with the registration form.

Each participant is responsible for knowing and complying with all the official rules and regulations. Failure to comply with the rules of the Pacers Charity Run will subject you to withdrawal from the run.

**On Run Day, Saturday November 10, 2018:** Be sure to arrive at Devon House at 4:15 am. The run will start promptly at 5:00 am.

**Parking:** Secured parking will be provided at Devon House, however, this will be at your own risk.

The Pacers Run is a charity event; this year's proceeds are in aid of the STEP Centre. We expect all participants to partake in this event with an attitude of fun but with due consideration for the safety for self and others.

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**Disclaimer and Release:**

I know that participating in this run is potentially hazardous. I will not participate unless I am medically able and properly trained.

I agree to abide by any determination of an official regarding my ability to safely complete the event, including but not limited to falls, contact with other participants, the effect of weather including high heat and/or humidity, the conditions of the road and traffic on the course. All of these risks are known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself, and anyone acting on my behalf, waive, release and hold harmless Pacers Running Club, the beneficiary charity and all suppliers, all sponsors, respective directors, officers, employees, agents, assigns, representatives and successors and any individual or group associated therewith, from and against all claims, damages, liabilities, cost and expenses of any kind arising out of my participation in this event whether or not that liability arises from my own negligence or carelessness or the negligence or carelessness of any individual or organization named in this waiver.

I consent to the use of my name or image in any photographs, motion pictures, recordings, verbal or written statements, related to the Pacers Training Run. I am of legal age, having read this release, fully understand it and freely agree to all of its terms and conditions. All participants must sign this waiver and must be over the age of 18 to participate.

Signature of Participant

X \_\_\_\_\_

Date \_\_\_\_\_

X \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian (If you are under the age of 18, you must have a parent or guardian's signature)

## PACER'S 2018 CHARITY RUN

### START at DEVON HOUSE – Waterloo Road Entrance

- Right on Waterloo Road
- Right on West Kings House Road
- Right on Kingsway
- Left on Hope Road
- Left on East Kings House Road
  - **2 MILE WATER STOP** at East Kings House Road and Sandhurst Crescent
- Right on Paddington Crescent
- Left on Salisbury Avenue
- Right on Dewsbury Avenue
  - **5K (4.95) TURNAROUND at Dewsbury Avenue and Barbican Road**
- Right on Barbican Road
- Left on Charlemont
- Cross over on to East Charlemont Drive
  - **4 MILE WATER STOP (4.35)** on East Charlemont Drive
- Right on Gibson Drive
- Left on South Monterey Drive
- Left on Hope Boulevard
- Cross over Old Hope Road
- Left on Bougainvillea Avenue
- Right on Daisy Avenue
- Left on Buttercup Drive
- Left on Garden Boulevard
- Left on Palmoral Avenue
  - **6.55 MILE WATER STOP & TURNAROUND** at the Total Gas Station

